

CONNECTING WITH LISA HARRIS

Check out my offers under *Blissometer Coach Connections*:

\$75 INITIAL CONSULTATION



30 min consult call for \$75 – on this call you can learn more about how the narrative coaching process works and we can discuss where you are on your personal development journey.

DEEP DIVE PROGRAM



Uncover Your Truth, 4 week program – this is a group coaching program that teaches you how to build your Life Timeline, a visual and tangible tool to gain new perspectives on your life story. This is the first step in a 3-step process on your journey towards shifting narratives. This program includes:

- Weekly virtual group sessions, 90 minutes (Total of 4 sessions)
- Weekly assignments, plus the Uncover Your Truth online workbook
- A tangible Life Timeline tool for ongoing personal growth
- Private 60 min consult call at the end of the program



Unveiled Beauty: Handwritten Stories from a Poetic Heart is avail on amazon.com.
www.amazon.com/Unveiled-Behauty-Handwritten-Stories-Poetic/dp/1945769130/



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